

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Stefan van Zyl

Has successfully participated & completed the

5km Four Seasons @ the Cowhouse - Spring

held at Cowhouse Market.

**TIME** 00:50:16

**PACE** 10:03/km

OVERALL 53 of 74

28 October 2018, Sun

Date

**GENDER** 21 of 27

40 - 49 5 of 8



Bout Time

Signature